

SPENDING YOUR PERSONAL BUDGET

Personal Budget

All of your personal budget must be used by you to meet your assessed outcomes. All care and support is bespoke to you and it is up to you to decide what outcomes are most important for you to achieve each year.

Any equipment that you buy with your personal budget cannot be resold as it remains the property of the Local Authority.

You **cannot** spend your personal budget on anything that is not identified as an outcome within your support plan.

As illustrated below there are 3 areas to consider when deciding how to spend your personal budget:

RED you cannot spend your personal budget on these areas

GREEN you can spend your budget on these areas

YELLOW you may be able to spend your budget on these areas after negotiation with your practitioner and there may be a cap on the amount you can spend on these areas.

Capped Spend

There is a limit to how much can be spent on the following (this list is not exhaustive):

- Short breaks or holidays as an alternative to respite: The Practitioner is to consider type and cost of break or holiday and whether it is reasonable to achieve/meet identified outcomes and not excessive; consider has the supported person made the choice of going on holiday? Food is not to be included in the cost;
- Activities; the priority is to be given to facilitating the supported person to access the activity;
- Expenses; paid carers/PA's/support workers (not informal or family members) can be paid where a carer is accompanying the supported person on an outing or activity and the expense incurred is directly linked to an identified outcome for the person e.g. building life skills/social in relation to buying food or eating out/in public.
- Computer hardware, cost to be agreed with Practitioner to meet outcome;

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YOU CANNOT SPEND YOUR BUDGET ON:	Anything that has not been identified and agreed through the assessment or support planning process	Anything that is illegal	Client contributions for services, including respite which must be paid from your personal funds	Employing someone who is a Welfare or Financial Guardian or Power of Attorney or who holds parental rights and responsibilities	Gambling including scratch cards, bingo, cards, casinos and slot machines including online gambling	Any specialist equipment or therapy that you have been assessed as requiring that will be provided directly by the NHS, Angus Health and Social Care Partnership or the Local Authority i.e. housing, education and children's services, occupational therapy, will not be funded from your personal budget.	Tobacco products, e-cigarettes or alcohol	Rewards/gifts to unpaid carers – this should be paid from the individual personal income
	YOU CANNOT SPEND YOUR BUDGET ON:	Permanent residential care and support	Paying off debts	Insurance; car, home, holiday, personal or household items	Ongoing running/maintenance costs; where the personal budget has been used to purchase a piece of equipment or remodel a garden the running costs and maintenance are the responsibility of the supported person	Food including teas/coffees on holiday or in respite	Transport costs; taxis, petrol, transport, travel, mobility badges where in receipt of DLA mobility or PIP (mobility)	Household expenditure; rent or mortgage payments, utility bills, food/drink, furniture replacement, broadband, anti-virus packages

YOU CAN SPEND YOUR PERSONAL BUDGET ON:	Meeting your assessed outcomes	Employing Personal Assistants when in receipt of option 1 (Direct Payment)	Purchasing support from an agency	Contracting Self Employed Carers or Self Employed Support Workers (ensure you have contacted the Direct Payment Service to undertake all recommended checks when in receipt of option 1 (Direct Payment))	Paying for activities, services and memberships e.g. to be more involved in your community or gain access to leisure. Examples are joining a gym or local lunch club or gardening club	Purchasing respite care	Support to attend education, volunteering opportunities or employment	Purchasing items, activities and services that support you to meet your assessed outcomes and needs
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<p>NEGOTIABLE WITH PRACTITIONER TO MEET A SPECIFIC OUTCOME THERE MAY BE A CAP ON THE AMOUNT AVAILABLE TO SPEND:</p>	<p>Purchasing equipment to support communication; voice recognition software, touchscreen equipment and only if NHS/OT or other funding has been exhausted first</p>	<p>Specialist equipment that is not directly provided by the NHS, Angus Health and Social Care Partnership or the Local Authority</p>	<p>Health can transfer partial or full funding to the Local Authority to support outcomes including the funding of equipment</p>	<p>Purchasing equipment or membership where there is evidence that this meets an outcome i.e. sports equipment, gym membership, horse riding lessons</p>	<p>Travel costs in excess of DLA mobility this may be for transport and petrol to meet an assessed outcome</p>	<p>Expenses; paid carers/PA's/support workers (not informal or family members) when accompanying the supported person on an outing or activity and the expense incurred is directly linked to an identified outcome e.g. developing life skills, social skills.</p>	<p>Activities with an unpaid carer identified in support plan; note the priority is to facilitate accessing the activity</p>	<p>Employing someone who lives in the same household as you or a family member</p>
	<p>Specialist therapy-only if NHS/OT/Physio or funding via other sources has been exhausted first</p>	<p>Eating out including teas/coffees only where this is to meet an assessed outcome</p>	<p>Alternatives to residential care</p>	<p>Where training has been identified for several PA's or specialist training the supported person can request additional funding to support worker development</p>	<p>Short breaks or holidays as an alternative to respite (food should not be included in the cost)</p>	<p>Education that is to be paid for e.g. night classes, alternative courses to education where these cannot be accessed through other education channels</p>	<p>Employing family or friends who do not live with you</p>	