

Frequently Asked Questions

Who makes up Angus Health & Social Care Partnership?

In April 2016 Angus Council, NHS Tayside and the third and independent sectors started working together in a new health and social care partnership. It is responsible for all adult social care such as assessment and care management, and has a key role in supporting carers.

What is an Adult Carers Support Plan?

This is a tool to help carers think about their caring role and what support they might need to sustain it, if that's what they want to do. The information in it also helps decide whether a carer meets local eligibility criteria. For more information follow this link:

[..\Information\What to expect when you make an adult carer support plan.pdf](#)

What is a Young Carer Statement (YCS)?

The Young Carer Statement is the framework for identifying the personal outcomes and individual support needs of a young carer.

What is meant by Outcomes?

Outcomes are the things that are important to people in their lives and often relate to maintaining or improving well-being.

What is the Local Eligibility Criteria for Carers and how is it decided?

Angus has local eligibility criteria for carers and thresholds to access different supports. You may need to complete an Adult Carers Support Plan or Young Carer Statement to find out what type of short break you are eligible for. To find out more click on:

[..\Local Eligibility Framework\Local Eligibility Criteria for Carers V3. 0.doc](#)

If I do not meet the eligibility criteria, can I be offered any other support?

Yes, you can be offered support which might suit your circumstances through a range of options such as Angus Carers Centre or another local organisation.

What is Care at Home?

Help provided directly to a person in their own home. Home carers are people who are employed to provide direct personal physical, emotional, social or health care and support to people with support needs.

Where can I find out about local Care at Home providers?

You can ask your worker if you have one. If you have chosen to arrange your own support, you can be referred to a Self- Directed Support broker who can help you to source the right support. Contact sds@dundeecarerscentre.org.uk

Would I or the person I care for qualify for a befriender?

Befriending services use volunteer benders to offer supportive, reliable relationships to people who would otherwise be socially isolated. Each befriending service may have their own criteria and referral process so it is best to contact directly. Local ones include Angus Carers Centre, Monifieth Befrienders and Care About Angus.

Who is a registered carer?

By registered carer, we mean a carer who is registered with Angus Carers Centre. It is free to register and may enable you to access further support. You do not need to be in receipt of Carers Allowance to be a registered carer. You can register with Angus Carers Centre from age 8 upwards.

What is Respitality?

Respitality (Respite + Hospitality) is a way in which carers centres work in partnership with the Scottish Hospitality Sector to provide short breaks to carers. The hospitality sector gift short breaks such as overnight accommodation, spa days etc and these can then be accessed through Angus Carers Centre.

What is Replacement care?

Care provided to the supported person, which replaces care that is usually given by their carer, and which is provided as a form of support, to give that carer a break from caring.

What is Self-Directed Support (SDS)

This is the term used to describe the way in which people are assessed and helped to decide what support they may need. The SDS process gives people more flexibility, choice and control. You can find out more by clicking on this link:

https://www.angus.gov.uk/social_care_and_health/care_and_carers/self_directed_support

<http://directpayments.org/>

I'd like to go on holiday with the person I care for but I might need some help?

There are some supported holidays where you can go on holiday with the person you care for but there is also a worker there to support. Sometimes these can be small group holidays giving you the chance to meet other carers. There are also specialist travel agencies offering experienced support with breaks. It may be possible too, to transfer your care package to your holiday destination. For more information click on

<https://www.anguscarers.co.uk/services/short-breaks-for-carers.html>